

# Youth Summer Camp Packing List

# **Essentials to Bring:**

# **Clothing & Accessories:**

- Underwear (7+)
- Socks (7+)
- Bra/Sports bra (4+)
- Light pajamas/sleepwear (2)
- Tops (7+)
- Shorts (7+)
- Long sleeve shirt/jacket (1-2)
- Jeans/long pants (1-2)
- Sturdy shoes (2 pairs) closed-toe and closed-heel
- Flip flops (for shower/pool use only)
- Rain jacket/poncho (1)
- Swimsuit (modest) (1-2)
- Sun hat

## **Toiletries:**

- Toothbrush
- Toothpaste
- Soap
- Deodorant
- Shampoo
- Conditioner
- Hairbrush
- Hair ties/Headband
- Bath towel (2)
- Beach towel (1-2)
- Washcloth (2)
- Feminine hygiene products
- Sunscreen
- Bug Spray
- Lip balm

## Bedding:

- Pillow with pillowcase
- Sleeping bag **OR**
- Twin sheet set and blanket

### Miscellaneous:

- Dirty clothes bag (labeled)
- Water bottle (labeled with camper's name) MANDATORY
- Any necessary medications (per medication form completed online)

#### **Important Notes:**

- Label everything: Be sure to label all personal items, including clothes, bags, and bedding, with your camper's full last name.
- **Water bottle**: Please send your camper with a water bottle labeled with their name. There will not be any available for purchase.
- **Shoes**: Campers must wear sturdy shoes with closed-toes and closed-heels at all times for safety.
- **Clothing**: Please pack modest clothing appropriate for a church camp (nothing with hurtful messages or inappropriate content). When in doubt, please don't pack it.
- Sleeping bags: Roll tightly and secure with a sturdy tie or belt.
- Keep items simple and older: Camp can be tough on clothes and gear, so it's recommended to bring items that are older or less expensive.

#### What NOT to Bring:

- Valuable or breakable items (including jewelry)
- Cell phones or any electronic devices (IPods, Gameboys, etc.)
- Laser pointers, fidget spinners, toys, Pokémon cards, etc.
- Sandals, flimsy, or platform shoes
- Tobacco, vape products, cannabis, alcohol, or any illegal substances
- Candy, gum, or food items
- Guns, knives, or any weapons (including pocket knives)

**Note:** Items on the "Do Not Bring" list will be collected and held until the end of the week.